



Transplant Times

A newsletter of the Transplant Awareness Organization of Greater Rochester

December 2018/January 2019

www.tao-rochester.org | 1.888.664.1463

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Membership Meetings

Guest Speakers / Topic

December 15

- Barnes & Noble Gift Wrapping

January 12

- Holiday Recognition Dinner

TAO Meets

**3rd Monday of the Month
6:30 P.M.**

Christ Episcopal Church
Fellowship Room
36 South Main Street
Pittsford, NY

A Message from the President

The holidays are upon us. The New Year is imminent. Flu season is here! We have to take the good with the bad, but arm yourselves and get the flu shot!

A New Year brings what the TAO Board hopes are new and interesting speakers and events. We start with a new concept for our Holiday Recognition Dinner and we hope you will join us in January.

While doing your holiday shopping if you see something that you could add to our basket for the River Run in April, grab it and drop it off at a future meeting or event. The raffle benefits the Patient Care Fund which aids transplant patients and their families.

We'll be gift wrapping again this year. If you can't help wrap, maybe you'll consider shopping at Barnes and Noble on the 15th and stop and see us.

Our regular member meetings start again in February. Please check the TAO website and / or



your email in case of a change based on the weather.

The holidays are a time for family and friends to gather and enjoy each others company and good food. Be safe in your travels. The TAO Board wishes you healthy and happy holidays and a very Happy New Year!

Debbie Gendrzeski



Visit, like our Facebook Page
www.facebook.com/TAOfRochester

TAO Providing support, understanding, education & resources . . .



Upcoming Events

December 15 –

Barnes & Noble Gift Wrapping
Pittsford Plaza . Pittsford . NY

January 12 –

**Holiday Recognition Dinner
Comfort Food Cook-Off**
King Bends Park, South Lodge
170 Jefferson Rd., Pittsford
Noon
Details pg. 4

United Network for Organ Sharing

Candidates listed as of November 14, 2018

95,311	Kidney
13,673	Liver
3,855	Heart
1,612	Kidney/Pancreas
1,465	Lung
871	Pancreas
253	Intestine
47	Heart/Lung

114,497 TOTAL

www.unos.org

Totals may be less than sums due to patients in multiple categories

Transplant Support Group Meetings

"Open Airways" Lung Gathering Group

- **Wednesday, December 19 @ noon**
Hong Wah, Penfield
- **Wednesday, January 16 @ noon**
Jeremiah's Tavern, Penfield

Heart Transplant/VAD Support Group

- **Thursday, December 13 @ 6:00 pm**
Annual Support Group Holiday Party -
Invitation to follow
- **Thursday, January 10 @ 6:30 pm**
Finger Lakes Donor Recovery OPO

All Heart Transplant/VAD Meetings are held in the 7th floor conference room near the 7-3400 Corridor unless otherwise indicated.

TAO www.tao-rochester.org

G Act as a support group for transplant candidates, recipients & their families.

O Provide education and information on transplantation issues that surround it.

A Promote organ/tissue donation awareness.

L
S All transplant recipients, candidates, family and friends are welcome. Meetings held monthly & include programs of interest to the transplant community.

Gift Wrapping

Saturday, December 15, from 10 am until 9 pm, TAO members will be wrapping gifts at the Pittsford Plaza Barnes and Noble. This is an opportunity to bring awareness of our organization and organ, eye and tissue donation. It also serves as one of our fundraisers.

We are looking for volunteers to wrap for a 2 hour shift. The shifts start at 3pm, 5pm or 7pm. A minimum of 2 people are required for each shift.

If interested please contact Debbie at 377-6028.



**Flu Season is here!
Get Vaccinated!**

River Run Walk 2019

On April 7, 2019 the 18th 5K River Run/Walk will be held. Gift baskets are donated and raffled off to help raise money for the patient fund.

For the 2019 run, TAO, besides being a sponsor, wants to provide a basket. We are asking you, the members to donate an item, gift card, or money for us to purchase items. Your items can be brought to a member meeting, the holiday recognition dinner in January, mailed to TAO or contact us and we can arrange to pick up the item.

Our theme is **Fun in the Sun!**

Some suggested items/ideas are; beach items (towels, sunscreen, visors, beach toys, cooler for example), gardening items (seed packets, tools, gloves, sunbonnet, gift card to a nursery, watering can for example).

If sending a monetary donation towards the basket please note it in the check and mail to TAO, PO Box 23552, Rochester, NY, 14692-3552.

The Board is excited about getting the members more involved. Any donation is welcomed. Be creative and have fun with this!



January

Holiday Recognition Dinner 2019

The TAO annual Holiday Recognition Dinner is changing it's format. The TAO Board wants to try something different, more reasonably priced and family friendly.

On Saturday January 12, 2019 we will be holding a comfort food cook off at King Bends Park, South Lodge, 170 Jefferson Rd., Pittsford, just South of Clover St. Look for the TAO flag at the park entrance. The party starts at noon.

TAO will provide paper goods, drinks, and lodge. Members provide a dish to pass and your family!

Please let Judy know if you plan on attending and if you have an idea of what you will bring by calling 585-236-6565 by January 5th.

We hope to see you there!



Transplant Anniversaries

Larry Buck	Kidney	December 2000
Carol Comfort	Kidney	December 2003
Argie Mae Davis	Kidney	December 2015
Richard Forbes	Liver	December 2007
Mark Hackett Jr.	Liver	December 2010
Bonnie Haefner	Kidney	December 2005
Rick Juskiewicz	Kidney	December 1996
Ruth Maines	Liver	December 1990
Stephen Odai	Liver	December 2001
Beverly Shank	Liver	December 2005
Cynthia Taillie	Kidney	December 2014
Diane Burgio	Liver	January 2014
Claudia Ciresi	Liver	January 1996
Jane Clewell	Liver	January 2005
Helen Cox	Kidney/Pancreas	January 1996
Daniele Ditulio	Liver	January 2003
Roger Duryea	Kidney	January 1995
Arthur Lisi	Liver	January 2013
Dawn Meschi	Kidney	January 2001
Jude Nunciato	Liver	January 1993
William Reagan	Kidney	January 2016
Anne Marie Scroger	Liver	January 2007
Ron Secor	Double Lung	January 2015
Pat Stewart	Kidney	January 1994
Michelle Teichner	Kidney	January 2014
Guy Valone	Kidney	January 2009

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Submission Deadline

**For February/March issue:
January 10, 2019**

**Articles /ideas email to:
auggieday@aol.com or send by mail
to:
TAO, PO Box 23552, Rochester, NY
14692-3552**

We welcome your personal story and feel our members appreciate hearing about other's journey. So write your story and send it to us, a picture is always welcomed too!

Our Sympathies To

Martha Rossi's Family



CONTRIBUTIONS

We are grateful to those individuals and organizations that generously contribute to TAO.

Debbie Narde -

In Honor of Tom Narde's Birthday

Lynn Kennison

Office Services Unlimited

Wishes of Wellness

**Our healing thoughts
and prayers go out to:**

Dave Spiro

Lisa Faucz

Joanne Schum

Barry Oksman

Geoff Foley



Please contact us if you know of a member that is hospitalized or ailing. Thank you.

Board of Directors & Officers

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Membership

Norman Breen

Melanie Reunion

Gift Ideas

A contribution to TAO in honor of or in memory of a loved one, special person or relative is always a thoughtful gift. It is a gift of caring that you can give on any occasion - a birthday, an anniversary or a special holiday.

Please make your check payable to TAO

Mail to: TAO

PO Box 23552

Rochester, NY, 14692-3552

WELCOME

Lynn Kennison is a recent kidney transplant recipient at Strong who was very fortunate to receive an organ from her sister-in-law.

Lynn resides in Geneseo, NY with her husband, Wes and her "non-traditional" family. She and Wes opened their hearts and home to two young adult Vietnamese women who not only share their last name, but have given them two beautiful grandsons.

Lynn is a retired educator employed by the Genesee Valley BOCES who spent many years teaching inmates at the Livingston County Jail. Although she is currently retired, she continues to work part-time in Program Development for the inmates at the jail. Program topics might include such things as job search readiness, sex education, parenting, health promotion, OSHA workplace safety, and other subjects that benefit the population she serves.

In her "free" time, Lynn is an active volunteer of the Geneseo Fire Department, serving as an ambulance driver and Treasurer. She is also a board member on the New York State Association of Inmate Educational Programs.

Lynn is an active parishioner of St. Mary's Church and enjoys cooking, traveling, and family activities.

We welcome Lynn and her husband to TAO and hope they will feel comfortable directing some of their boundless energy and service towards our organization in the future.



Ronald Epstein, MD discussing a physician's responsibility to relay information to a patient and their loved ones at the TAO October meeting.



Bill Smout, volunteer for Lifespan, educated TAO members on Medicare and the different Medicare Advantage Plans at the November meeting. You can go to Lifespan.org and find the chart that was distributed.



2019 Membership Renewal

It's that time of year again – time to renew your TAO membership! Thank you for your past support and for renewing now so we can continue to have the impact you have come to expect from TAO.

Thank you for your continued commitment to TAO. We are counting on you to renew your membership by filling out the form on the back of this newsletter.

Additionally, please use the form to indicate if you wish to continue receiving the newsletter. Thank you!

Norm Breen
Membership Chair



Amazon shoppers can help support TAO by using Smile.Amazon.com to make their purchases.

Amazon Smile is a website operated by Amazon with the same products, prices and shopping features as Amazon.com. The difference is that when you shop on Amazon Smile, the Amazon Smile Foundation will donate 0.5% of the purchase price of eligible products to TAO.

Go to smile.amazon.com and follow the instructions to designate Transplant Awareness Organization as your choice. **Thank you!**

Tops Never Stops

Tops cards help TAO raise money.

Do you shop at Tops? Do you know someone that does? Need a gift idea? Purchase a Tops Gift Card from TAO and use it for your own shopping or give it as a gift and TAO profits from your shopping!

The Tops Gift Card Program allows our non-profit organization to earn a 5% return by selling Tops Cards.

The more we sell, the more we earn.

The cards are available in \$25, \$50, \$100 denominations and are available by contacting Bonnie at (585) 391-3555.

Thank you for your support!!



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an e-mail to:
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Or a written request to:
TAO
PO Box 23552
Rochester, NY
14692-3552

***It's time to renew your membership for 2019!
Help support the TAO mission***



TAO / Rochester Membership Application

No one is denied membership because of financial considerations

- DUES:**
- New Member
 - \$20 Family / Individual
 - unable to make dues payment at this time
 - Renewal
 - \$100 Business / Organization

Donations to help our organization are always welcome, and are tax-deductible. Make checks payable to:
TAO of Greater Rochester, PO Box 23552, Rochester, NY, 14692-3552.

Name (please print) _____

Address _____ City _____ State _____ Zip _____

Phone () _____ E-mail _____

- Candidate
- Recipient
- Family Member
- Donor Family
- Friend
- Professional
- Business / Organization

Candidate/Recipient information: # of Transplants _____ Hospital _____

Date(s) _____ Organ(s)/Tissue(s) _____

Check here if you do not wish your transplant anniversary date to be published in the *Transplant Times*.