



Transplant Times

February 2018/March 2018

A newsletter of the Transplant Awareness Organization of Greater Rochester

www.tao-rochester.org | 1.888.664.1463

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Membership Meetings

Guest Speakers / Topic

February

- Arissa Kyler, MT-BC
"The Role of Music Therapy in Transplant Care"

March

- Jim McGrath, Professor of Biomedical Engineering @URMC
Ultrathin Silicon Membranes for Medical Therapies and Diagnostics

TAO Meets

**3rd Monday of the Month
6:30 P.M.**

Christ Episcopal Church
Fellowship Room
36 South Main Street
Pittsford, NY

A Message from the President

A very cold New Year has arrived! Spring is on it's way. I hope this finds everyone well and warm.

Our board elections are rapidly approaching and we are in need of candidates. If you've ever considered becoming more involved with our organization, even in a small way, please let us know. Computer, accounting, secretarial, mailing, graphics are some of the behind the scenes skills that are needed and appreciated. A willingness to get involved and take charge of a project is a plus. The board meets five times a year for an hour. I look forward to hearing from you!

Flu season is upon us. Please get the vaccine, in spite of it not being as effective as they'd like, it does minimize the symptoms. Wash your hands and keep them away from your nose and mouth after touching items in the public.

This winter has been sunnier than most and if you are like me, you don't think of sunscreen this time of year, and yet it is just as



important. The sun coming in your car window is as intense now as during the summer.

I'm looking forward to warmer weather and seeing you all at a future member meeting!

As always, we appreciate your input for speakers or TAO events. Contact me or any board member and share your thoughts!

Debbie Gendrzewski



Visit, like our Facebook Page
www.facebook.com/TAOofRochester



Flu Season is here!

TAO Providing support, understanding, education & resources . . .

Barnes & Noble Holiday Gift Wrapping

Snow was falling, the parking was hectic, hot chocolate was being ordered and holiday music was playing. Why, it must be getting close to Christmas and Hanukkah, which meant that it was time for TAO's annual gift wrapping at the Pittsford Barnes and Noble.

On Saturday, December 16, once again our wrappers wrapped! Surrounded by books, pleasant people and more styles of wrapping paper than in the past, we wrapped and had an opportunity to raise awareness of TAO and it's mission, as well as to register people in the state's registry. We also received some donations for our efforts!

Thank you to Linda Barnard, Bev and Randy Shank, Carol Roberts, Karen Gledhill, Kathy, Jade and Novalie Nguyen for taking time out of their busy schedule to participate in this annual TAO tradition. It is a great activity and we hope to get more volunteers joining us next year

February 14 is National Donor Day

Focused on five points of life: organs, tissues, marrow, platelets, and blood. Many nonprofit health organizations sponsor blood and marrow drives and organ/tissue sign-ups across the nation. National Donor Day was started in 1998 by the Saturn Corporation and its United Auto Workers partner with the support of the U.S. Department of Health and Human Services and many nonprofit health organizations.



Introducing our members

Jan and Russ Palmer live in Sanborn, NY, in the Buffalo area. Russ received a liver at Strong Memorial on October 2, 2017.

The two spend much of their free time with their children and grandchildren, but also enjoy pursuing their hobbies during warmer months.

Russ is an avid fisherman, boater, and RV camper. Although Jan doesn't fish, she loves to accompany her husband on these outings.

Russ is currently retired, but Jan continues to work for a dental service as a consultant.

Cindi Golas and her husband, Carl live in Martinsburg, NY. In June of 2017, Cindy was fortunate to have her niece as a living kidney donor. She has high regards for Strong's Transplant Team and says she cannot say enough positive things about her experiences with these individuals.

Before her transplant, Cindi worked over 40 years in the accounting department of AMF Bowling, Lowville, NY.

Quilting, biking, golfing, and housekeeping are some of her many hobbies. Cindi also enjoys being a "snowbird" as she spends some of the cold winter months in the Tampa area.

She and Carl are parents of two sons, Brian and Steve, and three grandchildren.

Although it is difficult to attend TAO meetings, Cindi is considering attending the summer picnic where she can meet some fellow TAO members.

Our Sympathies

TAO wishes to extend their condolences to the families of:

Cindy Boyer-Green

Bernice Eblovi

Judy Munn on the death of her mother

Aisha O'Mally on the passing of her brother

Jerry Runion past TAO President

Phil Travis

Transplant Times

Submission Deadline

**For April/May issue:
March 8, 2018**

**Articles /ideas email to:
auggieday@aol.com or send by mail
to:
TAO, PO Box 23552, Rochester, NY
14692-3552**

We welcome your personal story and feel our members appreciate hearing about other's journey. So write your story and send it to us, a picture is always welcomed too!

2018 Membership Renewal

It's that time of year again – time to renew your TAO membership! Thank you for your past support and for renewing now so we can continue to have the impact you've come to expect from TAO.

Thank you for your continued commitment to TAO. We are counting on you to renew your membership by filling out the form on the back of this newsletter.

Additionally, please use the form to indicate if you wish to continue receiving the newsletter.

Thank you!

Norm Breen
Membership Chair



Upcoming Events

March 30

Donate Life Night with the Amerks

April 13

National Blue and Green Day

April 15

Rochester River Run



United Network for Organ Sharing

Candidates listed as of January 17, 2018

95,562	Kidney
13,891	Liver
3,932	Heart
1,692	Kidney/Pancreas
1,371	Lung
906	Pancreas
255	Intestine
43	Heart/Lung

115,042 TOTAL

www.unos.org

Totals may be less than sums due to patients in multiple categories

Transplant Support Group Meetings

"Open Airways" Lung Gathering Group

- **Wednesday, February 21 @ noon**
The Porterhouse
400 Packett's Landing, Fairport
- **Wednesday, March 21 @ 12 noon**
Hong Wah
1802 Penfield Rd., Penfield

Heart Transplant/VAD Support Group

- **Thursday, February 8 @ 6:00 pm**
Finger Lakes Donor Recovery Network
- **Thursday, March 8 @ 6:30 pm**
Liz Powley, NP, Post Transplant Coordinator

* All Heart Transplant/VAD Meetings are held in the 7th floor conference room near the 7-3400 Corridor unless otherwise indicated.

TAO www.tao-rochester.org

G Act as a support group for transplant candidates, recipients & their families.

O Provide education and information on transplantation issues that surround it.

A Promote organ/tissue donation awareness.

L All transplant recipients, candidates, family and friends are welcome. Meetings held monthly & include programs of interest to the transplant community.

S

CONTRIBUTIONS

We are grateful to those individuals and organizations that generously contribute to TAO.

In honor of:

Tom & Moira Miller

by Moira Miller

Charles & Mary Rogers

by Vicki DeRue

In memory of:

Richard Odenbach

by Janice Odenbach

Ron Chase & Deb Hamilton

by Kirk & Judy Wilson

Adrian Rodriquez

by Joseph Heil

Stacia Faye Davies-Vogt

by David & Joyce Davies

Richard, Madeline & Stephen Flanigan

by Moira Miller

Dick Tuites

by Shirley Tuites

Bernice Eblovi

by Bonnie Haefner

Donald Haefner

by Bonnie Haefner

Board of Directors & Officers

President

Debbie Yendrzeski

Vice President

Gretchen Collins

Treasurer

Karen Gledhill

Secretary

Sue Muto

Membership

Norman Breen

Jeffrey Alexis, MD

Linda Barnard

Erin Collins

Karen Guarino

Bonnie Haefner

Marilyn Moran

Judy Munn

Janice Odenbach

Melanie Reunion

Wishes of Wellness

Our healing thoughts and prayers go out to:

Tom Barbara

Bonnie Haefner

Jerry Muto

Dave Spiro

Josh Jeanneret



WELCOME
Our newest members to TAO

Joel Jacobs

Tom Neary

Prescription Disposal

Do you have unwanted or expired prescription drugs? If so, stop by the Webster Town Hall, 1000 Ridge Rd., Webster, NY.

There is a box in the lower level where you can deposit any expired or unwanted drugs.

You can also drop off unwanted prescription drugs in the locked container at the Irondequoit PD, Monday through Saturday from 8 a.m. until 11 p.m.

Additionally, there are drug drop boxes located at the Brighton, Gates, Greece and Ogden police departments. The Livingston County Sheriff's Office also has a drug drop box located outside the sheriff's office.

Please don't flush your drugs!



Holiday Recognition Dinner

Unfortunately Mother Nature worked against us and we had to cancel the TAO Holiday Recognition Dinner on Saturday, January 13. Everyone was disappointed but we could not risk anyone's safety. Travel was terrible and there was at least a foot and a half of snow.

A huge thank you to Judy Munn for arranging the dinner and then for calling all the participants to advise them of the change.

Thank you to the TAO Board for all their hard work throughout the year, it often goes unrecognized. To all the past speakers that presented to TAO, thank you! We couldn't do it without you!

There are a couple people that work behind the scenes, Deana Dillon and Karen Porterfield that deserve recognition for their continual support of TAO. And last but not least, thank you to all the TAO members. Your dues help to keep the newsletter in print and our organization going! We couldn't do it without you!

The Board works hard at providing the caliber of speakers that we have had in the past and we look forward to seeing you at an upcoming meeting or event.



Amazon shoppers can help support TAO by using Smile.Amazon.com to make their purchases.

Amazon Smile is a website operated by Amazon with the same products, prices and shopping features as Amazon.com. The difference is that when you shop on Amazon Smile, the Amazon Smile Foundation will donate 0.5% of the purchase price of eligible products to TAO.

Go to smile.amazon.com and follow the instructions to designate Transplant Awareness Organization as your choice. **Thank you!**

SO HOPE WILL LIVE

A Message of Gratitude From an Organ Recipient to Donors & Their Families

We are strangers now a family,
forever joined
- not by choice -
but joined by need
and joined by pain:
different lives,
but common voice -
a cry for love, a cry for life.
so hope will live, eternally,
born of saddest irony.
Life will never
be the same -
not for you and not for me.
One you love -
who shares your name -
now is gone,
but I remain:
a second chance,
a new domain -
a gift of life,
that lives in me,
strangers now family.

Know that I am grateful
for the life that you gave to me.
May my life give you light
wherever you may be.
And may my life bring comfort
from that pain that hurts you so:
we are strangers now a family,
wherever we may go.
And may the life that lives in me
shine the light so all can see
that life goes on, ironically,
when we choose to donate life,
so hope will live eternally.

Daniel Mark Extrom

Transplant Anniversaries

James Carlineo Jr.	Liver	February	2006
Wayne Dickinson	Liver	February	1997
Mark Kleege	Liver	February	2014
Louis Mascaro	Kidney	February	1979
Larry Mortellaro	Liver	February	2014
Shirley Newman	Kidney	February	2008
Joseph Nolan	Kidney	February	2006
Aisha O'Mally	Heart	February	2004
Greg Post	Kidney	February	2008
Marsi Rohde	Kidney	February	2013
Lana Way	Kidney	February	2008
John Wood	Liver	February	2009
Bob Brahaney	Liver	March	2015
Rita Callaghan	Liver	March	2001
Jana Currie	Lungs (2)	March	2008
Vicki R. DeRue	Kidney	March	2017
Bethany Gee	Heart	March	2002
Karen Gledhill	Kidney	March	1983
Robert Hadsell	Liver	March	1997
Kristin House	Pancreas	March	2017
Thomas Louer	Liver	March	2004
Paula McKay	Kidney	March	1995
Michael J. Postilli	Kidney	March	2015
Elaine Schultz	Liver	March	2015
Jan Sharp	Kidney	March	2005
Lea Sobieraski	Liver	March	2013
Ralph M. Toscano Jr.	Cornea	March	1989
Dennis Wittman	Liver	March	2004

Gift Ideas

A contribution to TAO in honor of or in memory of a loved one, special person or relative is always a thoughtful gift. It is a gift of caring that you can give on any occasion - a birthday, an anniversary or a special holiday.

Please make your check payable to: TAO

Mail to: TAO
PO Box 23552
Rochester, NY, 14692-3552



- You don't need to have perfect vision to be an eye/cornea donor
- Corneal transplants are 95%+ successful
- The first corneal transplant was performed in 1905
- Each year nearly 50,000 people in the U.S. receive corneal transplants
- Those suffering from disease, injury or infection of the cornea may need a corneal transplant
- Give the Gift of Sight through your decision to be an eye/cornea donor



Tops Never Stops

Tops cards help TAO raise money.

The Tops Gift Card Program allows our non-profit organization to earn a 5% return by selling Tops Cards.

The more we sell, the more we earn.

The cards are available in \$25s, \$50s, \$100s.

Contact Bonnie Haener at (585) 391-3555



NON PROFIT ORGANIZATION
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from our mailing list, please send
an e-mail to:
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***It's time to renew your membership for 2018!
Help support the TAO mission***



TAO / Rochester Membership Application

No one is denied membership because of financial considerations

- DUES:**
- New Member
 - \$20 Family / Individual
 - unable to make dues payment at this time
 - Renewal
 - \$100 Business / Organization

Donations to help our organization are always welcome, and are tax-deductible. Make checks payable to:
TAO of Greater Rochester, PO Box 23552, Rochester, NY, 14692-3552.

Name (please print) _____

Address _____ City _____ State _____ Zip _____

Phone () _____ E-mail _____

- Candidate
- Recipient
- Family Member
- Donor Family
- Friend
- Professional
- Business / Organization

Candidate/Recipient information: # of Transplants _____ Hospital _____

Date(s) _____ Organ(s)/Tissue(s) _____

Check here if you do not wish your transplant anniversary date to be published in the *Transplant Times*.